Your Practical Guide in Italy

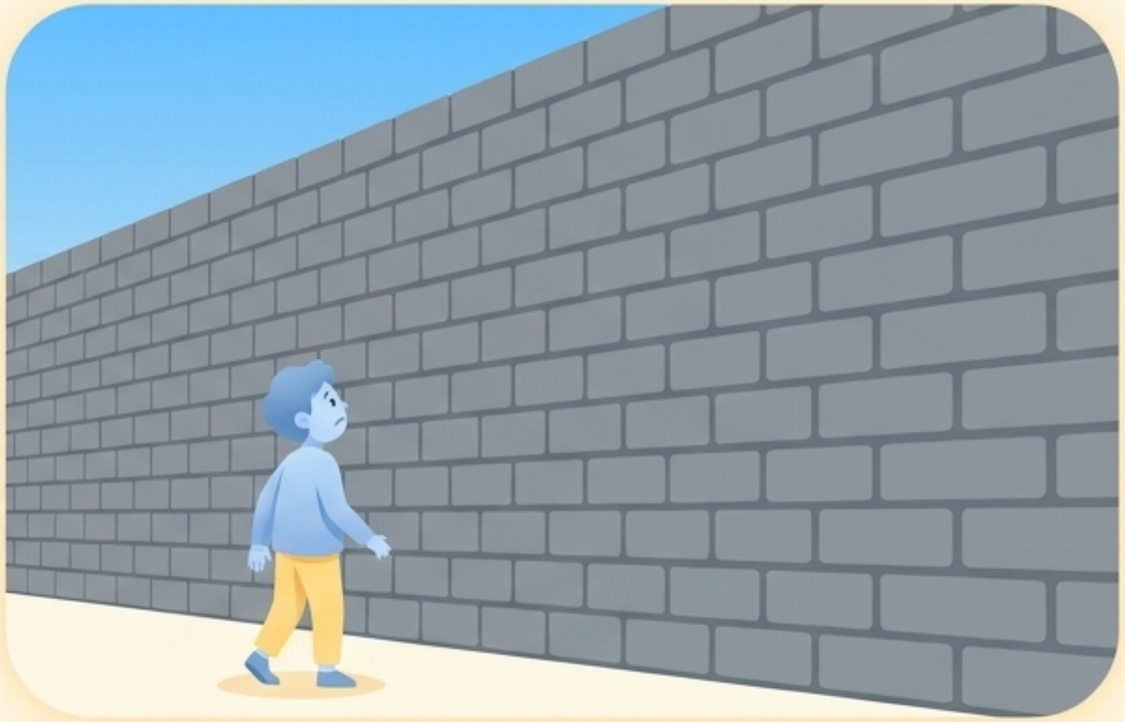
Knowing the rules to live free and safe.



Gemini Notebook

At first, rules seem like walls.





When you arrive in a new country, rules and the police can scare you. They might seem like obstacles blocking your freedom. It is normal to feel this way.

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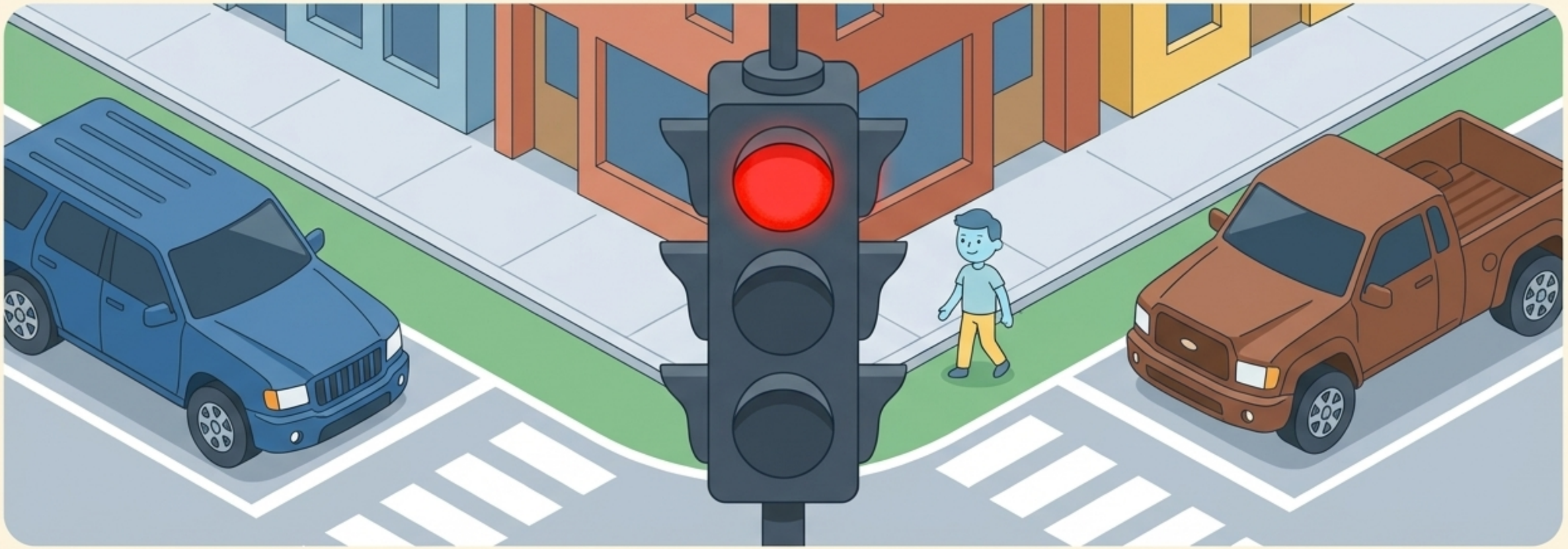
The red light doesn’t stop you just to bother you.



Without traffic lights, bigger cars would **crush** everyone. The traffic light stops the **strong** so you can cross the street **safely**. Laws work the exact same way.

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The law is your shield against bullies.



Without rules, whoever yells the loudest or is the strongest wins. With rules, we are all equal. The law protects you from those who want to exploit you.

Gemini Notebook

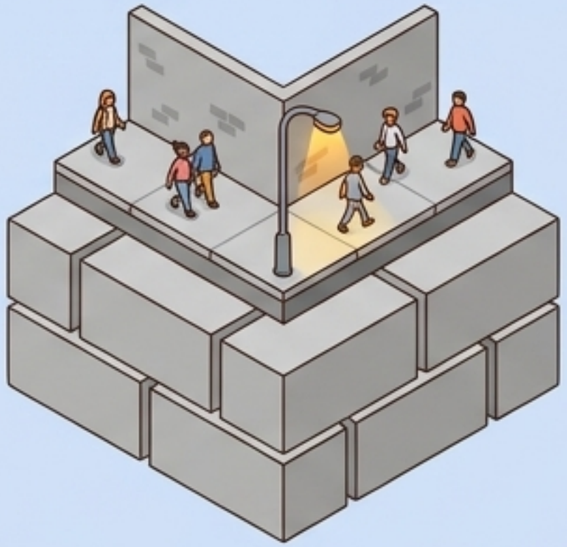
Your private home and everyone’s streets.

Private Sphere



Inside your home. Your religion, your culture, your thoughts. Here you are 100% free. You can be whoever you want.

Public Sphere



The foundation of the building. Italian laws, safety, respect. These rules are the same for everyone so the building doesn’t collapse.

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Who works to keep the streets safe?



Italy has different police forces. Each has a different color and a different job.
Learning the colors helps you understand who is in front of you and not be afraid.

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Recognize the uniform colors.

	**State Police** (Blue)	General safety and your Residence Permits.
	**Carabinieri** (Dark blue and Red)	Street patrol and crime prevention.
	**Guardia di Finanza** (Grey and Yellow)	They check money, taxes, and illegal work.
	**Firefighters / Vigili del Fuoco** (Reflective Suits)	They put out fires and help in emergencies (they do not arrest people).

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Being stopped on the street is completely normal.



Having your heart beat fast is normal. But remember: a police check is just a **routine** operation. It does not mean you have done something wrong or that there is an accusation against you.

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What to do during a police check



Stay calm.

Take a breath.
Be polite.

Show documents.

A photocopy or the receipt of your application is perfectly fine.

State your community.

Say clearly which reception project or community you live in.

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The Golden Rule for Minors: **NEVER sign alone.**



If the police ask you to sign a paper, you must say: **“I am a minor. I need my guardian or educator.” You cannot sign any document alone. Ever.**

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The State doesn’t want to trick you, it wants to protect you.



They don’t stop you from signing because they think you are weak, but because they recognize you are young and need guidance.

This is the greatest proof that Italian law is meant to act as a shield, not a trap to make you fall.

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Rules are the bricks of your future.



Respecting the rules doesn't mean suffering in silence. It is the first brick you lay to build **trust**. With **trust**, you get documents, a job, and your **independence.**

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